

Ride the Wall
As of this time, it is a go for
September 12th.

After listening to Governor Little's conference call sponsored by AARP, I called Panhandle Health Department for approval for this event.

I explained that we will be practicing social distancing during registration and will require masks except while actually biking. The meal will be eaten outside and may need to be "to-go".

I have not yet heard from the Epidemiology Department of Panhandle Health, but one of our coordinators, John Wilson, a nurse at Kootenai Health, says, "My suggestion is we continue forward until we hear otherwise. Cases are slowly growing at this time in our area.

This is a change from earlier when we had basically stopped it cold. I don't think we can predict the next couple of months. In my opinion, the newsletter can say that 'barring changes we plan on going forward on September 12' ". 🤔

Thus, I am including the registration page in this newsletter. If you are uncertain about registering this early, please hang on to it. On line registration is available also at our website, www.svfch.org.



One never knows what to expect when traveling the Trail of the Coeur d'Alenes. These decorated trees are a ways upstream from the Railroad Bridge at Cataldo.

One man gives freely, yet grows all the richer; another withholds what he should give, and only suffers want. A liberal man will be enriched, and one who waters will himself be watered.

Proverbs 11: 24-25

Scenes from the Trail of the Coeur
d'Alenes.



Swallows make their nests on the girders of the old Railroad Bridge near Cataldo. The swallows make a great rest stop on the bridge when the mosquitoes are voracious.



When Boise relatives came to visit, Judy's sister, Pat Sales, joined Verne on his daily mile walk.



Ellie Arguimbau's Blog

KELLOGG, IDAHO

This is the third post in our series of blogs about the [Global Home Challenge](#).

Posted June 5, 2020.

Ellie Arguimbau (left on recumbent bike) with friends Judy and Verne Blalack, long-time leaders of the Silver Valley Fuller Center for Housing in Idaho.



Avid cyclist jumps at this unique opportunity

We are now one week into the virtual "Around the world in 80 days" tour. Last Friday, Judy and Verne Blalack and I kicked off our tour walking from their home at Cataldo, Idaho, along the beautiful North Fork of the Coeur d'Alene River.

After they returned to their house, I got on my recumbent tricycle to add some more miles. The first 2 days of the tour were really hot by North Idaho standards, so I was glad I had brought my spray water bottle

I am secretary of the local Silver Valley Fuller Center for Housing. I joined the board in January 2013 after moving to Kellogg upon retiring from my 35 years as an archivist with the Montana Historical Society.

I've been an enthusiastic bicyclist for many years. I have done trips with VBT (Vermont Bicycle Tours) in Austria, Holland, Croatia and other places in Europe and in Vermont, Maine, New York and Mississippi in the US. One of the reasons I retired to Kellogg was the availability of the fabulous Trail of the Coeur d'Alene rails to trails. Other motivations were two ski areas and a river suitable for paddling.

In March of this year, the coronavirus hit Idaho. I immediately thought "I've got to keep myself mentally and physically healthy". Since both ski areas had been forced to shut down due to the virus, I decided I would try to bicycle every day that the weather permitted. At first it was quite a challenge. I could only go 2 or 3 miles before I was in packed snow. A recumbent trike does not do well in snow. By early April as the snow began melting off the trail, I was able to gradually extend my rides. Riding the Trail of the Coeur d'Alene along the Coeur d'Alene River is a real pleasure. It became even more beautiful as the trees and bushes began greening up.

When I learned of the virtual bike tour the Fuller Center for Housing International was planning. I became an instant convert. The Fuller Center's Bike Adventures had been coming through Kellogg, Idaho, during their cross-country tours for several years. I was very impressed with the dedication of the riders who would spend their occasional 2-3 days off bicycling in helping with local community Fuller Center projects along their route.

The last two summers they spent a weekend with our local Fuller Center for Housing. They climbed ladders to repaint second story windows, repaired roofs and porches, and whatever other tasks were needed. They were always upbeat and friendly. So, I decided I wanted to repay some of the help the bikers had given us. I formed a team which I called "Team Silver Valley Idaho".

Judy and Verne Blalack immediately joined the team and became my first sponsors. They also recruited their son and daughter-in-law George and Melody Blalack. Although George and Melody live in Hawaii, they were happy to be part of our Silver Valley team.



Ellie counts her distance walking while golfing.

23rd ANNUAL Ride THE WALL

Bike Event

Saturday, September 12, 2020, 3 p.m.

Proceeds to benefit

~Silver Valley Fuller Center for Housing ~
And Rose Lake Quick Response

DISTANCE: Approximately 13 miles.

EQUIPMENT: Mountain & Hybrid bicycles recommended. ANSI or Bell helmets mandatory for all riders. Recommend participants have a bicycle safety inspection prior to event.

ENTRY: \$40 - payable to Silver Valley Fuller Center for Housing. Must be postmarked by August 29th.

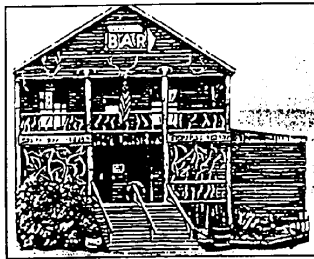
LATE ENTRY: After Aug 29th or in person 1-3 pm on race day - \$50. Late registrations will not be guaranteed shirts the day of the race.

CHECK-IN: Saturday, Sept. 12, 1-3 pm. The Snake Pit outdoor pavilion. Packets & drinks will be picked up.

PRE-EVENT: MEETING & START: 3 pm - parking lot at Enaville Trailhead of the "Trail of the Coeur d'Alenes", across the road from The Snake Pit. Less experienced riders start at 3:15, others at 3:30 pm. Course closes at 5 pm.

FINISH: . The Snake Pit.

POST EVENT: RALLY: Outdoor pavilion — The Snake Pit: offers a free pulled pork sandwich, slaw, beans, & lemonade for participants only—or \$10 for non-participants



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Join us in a non-competitive 13-mile bicycle ride from the Enaville Trailhead to The Snake Pit via a portion of the lovely "Trail of the Cd'As" from Enaville to Cataldo, then onto the historic CCC-Wall Ridge route, a picturesque road that winds along and above the Cd'A River beginning at Cataldo and ending at Enaville on the North Fork of the Cd'A River.

Bring the family!

SHIRTS: Commemorative shirts for all participants. Pick up at check-in.

PARKING INFO: Come early; park in designated areas. **Please keep the front parking lot clear for patrons—please!**

COURSE INFORMATION: - From Enaville to Cataldo: approximately 5 miles of paved trail. -The Wall: approximately 8 miles -.one-lane, gravel, dirt road, rocky on the uphill (1-mile of uphill is rigorous), downhill is a typical logging road with some sharp corners.-.speeds up to 20-30 mph may be reached. Off the Wall to Enaville: approximately ½ mile alongside the Cd'A River Road. Traffic should be minimal on the paved sections, and the rigorous portion of the Wall will be closed to all but emergency traffic and course marshals from 3-5:15 pm. - Volunteers will be on the course to flag, give directions, and indicate upcoming turns on the downhill portion. Aid station with water on top of the wall.

COURSE INSPECTION: The course is on public roads and is open for pre-event rides. Please be aware that the course is a public road, people live along the route, and traffic laws and rules do apply!

LINK TO REGISTER ONLINE GO TO: www.svfch.org

Information: Cathy Stanford (208) 691-5826 Or e-mail: cstanford50@msn.com

Special thanks to All Volunteers: Silver Valley Fuller Center for Housing, Shoshone County Sheriff Dept., Kellogg Fire Dept., Shoshone Medical Center EMTs

In-Kind Sponsors: The Snake Pit, and, our thanks to residents along the way.

Ride the Wall REGISTRATION FORM

Pre-entries must be postmarked by Saturday, August 29, 2020, with payment enclosed. Make check or money order payable to:
Silver Valley Fuller Center for Housing. Mail to: Cathy Stanford, 17461 N Circle S. Trail, Rathdrum, ID 83858

NAME _____ Email _____

ADDRESS _____

CITY, STATE & ZIP _____

PHONE _____ AGE _____ GENDER: M _____ F _____

SHIRT SIZE: CIRCLE ONE S M L XL XXL

Participants 14 years and younger **MUST** be accompanied by their parent-guardian. Entry \$40.00 – payable to Silver Valley Fuller Center for Housing. Must be postmarked by Saturday, August 29th. Late Entry, after Aug 29th, or, 1-3 PM event day, \$50.00.

In Case of Emergency Contact:

Name: _____ Phone: _____


I waive and release all rights and claims against the sponsors for any and all injuries, losses, or damages suffered while traveling to and from or participating in this event. I acknowledge sole responsibility for and assume the complete risk of loss and damages to my personal possessions and athletic equipment during the *Ride the Wall* and any related activities. I verify that I am physically fit for the event.

Signature _____ Date _____

Signature of Parent/Guardian _____ (If participant is under 18)

N

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Lovely flowers come with your gifts.

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We are honored to receive these memorials.

*From Jackie Kannegaard
In Memory of Andy and Ken Kannegaard*

*From Gayle Hagman
In Memory of Rona Jo Hagman-Hammond*

*From The Pottenger Family
In Memory of Annie Marie Muncie, born on May 28,
2020*

The Greater Blessings Fund

Verne & Judy Blalack, Diana Burbridge, Melody Darg,
Christina & Josh Mace



Judy spreads the returned newsletters in the sun to sterilize them from COVID-19. We appreciate a change of address from those moving. It costs full postage for every piece returned including **duplicates** of those who don't leave forwarding addresses at the post office.

Here's Help for SVFCH . . .

- ❖ I'd like to join the "300 Club" and pledge at least \$10 per month for one year. Please note 300 on your check.
- ❖ Here is my pledge for \$ _____ per month for one year.
- ❖ Here is my gift of \$ _____.
- ❖ I have a house and/or land to donate.
- ❖ I can make a no-interest loan for \$ _____. Please call about working out the details.
- ❖ I can provide construction materials either discounted or at no cost.
- ❖ I would like to help with construction and/or committee work. Please call me to help or send a volunteer form.

Name _____ Phone _____

Address _____

City _____ State _____ Zip _____

Please return to Silver Valley Fuller Center for Housing, Inc. P.O. Box 338, Smelterville, ID 83868 ☐ 208-682-3240

Coming Events

- July 14—Finance Committee meeting, 5:30, Mountain View Congregational Church, Kellogg
- July 14—Board meeting, 6 PM, Mountain View Congregational Church, Kellogg
- Sept 5—23rd Annual Walk-A-Thon, 9 AM, Kellogg
- Sept 12—23rd Annual Ride the Wall—family bike event



Since those folding the newsletters also insert the envelopes and attach the side stickers, it has been taking fewer to handle the newsletter actual mailing. Shown here wearing their masks are Verne Blalack, Jill Jackson, Ellie Arguimbau, Bob Whitman, and Norm Holtz.



Thank you, Becky Stein, for your gift "in honor of the service that Verne and Judy have put in the Fuller Center".



Verne relaxes in his favorite chair while folding newsletters at home.



View of the beautiful Trail of The Coeur d'Alenes from the CCC Road. This is part of the route of our Ride the Wall bike event now scheduled for September 12.



If you are lucky, you may see moose along the trail such as Ellie, Verne & Judy have seen while participating in the Global Home

Challenge for The Fuller Center International. This is "pay back time" for the Fuller Bike Adventurers who have helped with our construction projects for several years. The funds they earn go to homes in 3rd world countries. Those receiving them have no desire to emigrate from their own safe, decent, and affordable homes..



WISH LIST AGAIN

- ❖ Committee Members (especially for family selection and family partnership)
- ❖ Board Members from Wallace & Mullan
 - ❖ Newsletter Assistant with layout
- ❖ Construction Volunteers and onsite Supervisors
 - ❖ PR Chair
 - ❖ Data Entry Volunteer

Verne & I retired as of my 80th birthday in May. I am continuing to produce the newsletter for awhile.

It is imperative we continue to help while able to assist those willing to accept the roles where we have served for so many years. In this, we are being "pro-active" in trying to keep this organization functioning which has made a very positive impact on our community.

Please step up and help

Call Judy at 208-682-3240 to volunteer.

Please go to www.globalhomechallenge.org and either donate in Ellie's, Verne's, or Judy's name to support their efforts. They have each set specific goals. Verne & Judy are walking 80 miles with their walkers.

Or, register to participate by yourself or with a group biking, walking, swimming, etc.

See you on the trail.

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